



**De Lunes a Viernes.
From Monday to Friday.
Montag bis Freitag.**

Spa Reception 09:00 – 17:00 h
Massages 09:15 – 16:00 h

SPA RECEPTION AND MASSAGES INFO:

Please find the opening times at the Spa reception or call AYS.

Mallorca.spa@vacationclub.com Telf: 971129210 Ext. 4019



MARKETPLACE

For a good coffee, a quick bite and all you need for your stay, please find our marketplace open 24h/7 days. Ext 4030



ACTIVITIES CENTER

visit our Activities Centre for all kids between of 4 to 12 years old. Kids can join some activities supervised by our activity team.
Your reservation can be done at Front Desk.



PHOTO COMPETITION

Send your best Son Antem picture, before Wednesday with your villa number, to the email:

activitiessonantem@vacationclub.com

Our team will personally contact the winner who can receive a prize!



SPA POOL

The indoor and outdoor spa pool open daily from 08:00 – 21:00.

From 8:00 – 11:00 our Indoor pool is reserved only for adults. Kids under 12 years old can enjoy the outdoor pool.

The holistic area open every day from 10:00- 20:00.

Please be aware to bring your pool towel from your villa.



GOLF

36 holes to inspire your Golf experience. Further information available in the Golf Pro Shop, open daily from 7:30 to 19:00.

Junior Golf Camp, Golf lessons, Golf Intro or Range Experience.

+ Info at the pro shop.

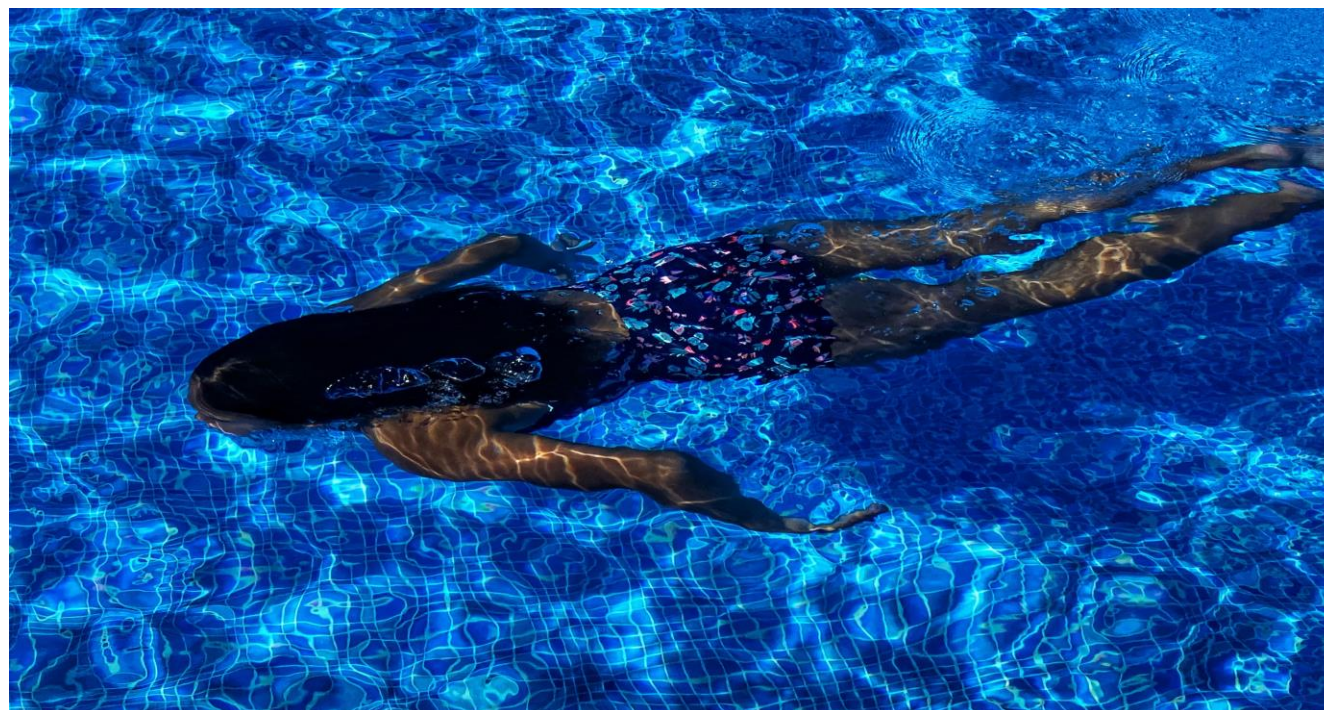
Reserve Telf: 971 129200 or Ext Pro Shop 4017/ 4018.

Mallorca.golfclub@vacationclub.com

Participation in resort activities is voluntary, and participants assume all risk of injury or illness in connection with participation. Execution of a release may be required as a condition of participation in some activities. Activities are subject to change without prior notice.

Resort Activities

ENHANCE YOUR VACATION EXPERIENCE WITH OUR RESORT ACTIVITIES



27th of July - 2nd of August 2024

On your own or in a group, we are happy to offer you the best activities during your stay. Do not hesitate to ask our Activities team for more information by dialling EXT Fitness 9700 or EXT Activities 9703.



SANDCASTLE

Family & kids, send your amazing creative sandcastle photograph, before Friday with your villa number to the email:

activitiessonantem@vacationclub.com

Our team will personally contact you for a cool prize.

INFLATABLES GAMES

Come along to our spa garden and have some fun with our inflatable games.



SOCIAL EVENT

Pool Party.

On Thursday at 16:30 at spa garden.

Games, dancing, DJ direct music and more.

Unique entertaining experience.



BOARD GAMES RENTAL

Board games rental

Why not rent a board game during your stay and have some relaxed fun with your family and friends.

Please contact our main reception for more information.



Point your smartphone camera at the QR code to view the fitness social week schedules.

Daily Activity Schedule

TIME	SATURDAY 27th	SUNDAY 28th	MONDAY 29th	TUESDAY 30th	WEDNESDAY 31st	THURSDAY 01st	FRIDAY 02nd
9:00						Adult Tennis Tennis Court 1 Min 4 pax/10€ Less ask for Info	
9:50			Tennis Social Club Tennis Court 2 Find your gaming team and friends & enjoy together.	Tennis Social Club Tennis Court 2 Find your gaming team and friends & enjoy together.	Tennis Social Club Tennis Court 2 Find your gaming team and friends & enjoy together.	Kids Tennis Tennis Court 1 Min 4 pax/10€ Less ask for Info	Tennis Social Club Tennis Court 2 Find your gaming team and friends & enjoy together.
10:00		Kids Tennis match Tennis Court 2	Family Hotel Rally Lobby		Family Treasure Hunt Lobby		
11:00	Kids Football Match Spa Garden	Kids Draw with watercolors Spa Garden		Family Football Match Spa Garden		Family Yoga At the well Behind villa 748	Kids Circuit Games Spa Garden
12:15	Kids Nintendo Wii Games Activity Center	Water Slide Spa Garden	Smoothie Detox Spa Garden	Kids Arts & Craft Spa Garden	Smoothie Fruit Spa Garden	Quiz Bingo Spa Garden	Kids & Family Lego Making Spa Garden
14:00			Golf Intro Min 4 pax Driving Range				Waffles Making 7€/Spa Garden
15:15	Mallorca Info Lobby	Bingo Time Spa Garden	Kids Water Games Activity Center	Table Games Spa Garden	Kids Water Games Activity Center		
16:00		Ice Cream Making 7€/Spa Garden	Kids Games Activity Center	Waffles Making 7€/Spa Garden	T-Shirt Paining 10€/Spa Garden		Spanish Class Lobby
17:00	Table tennis Spa Garden						

All activities are for kids ages 4+, are held in the location specified under the activity name. All activities require parent supervision, except those of the **Activity Centre**. For questions call extension 9703.
Activity Supervisor: Cristina.mirferrer@vacationclub.com

All activities highlighted in sky-blue color require booking. Fee-based classes are payable at time of booking. Bookings can be done at Front Desk. Our classes are subject to modification or cancellation due to adverse weather. Tennis Social Club & adult & kids' tennis. In case you need a Tennis Pro ask at the reception to book a day in advance.

Featured Events & Social Experiences

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21:00 Summer Movie Night. Infront of La Terrassa.			16:30 Owners Cocktail event (only for Son Antem owners) DJ performance. La Terrassa.	19:30 Live Music. La Terrassa.	16:30 Pool Party Spa Garden.	
			19:00 Birds of Prey. Amphitheatre.			

Participation in resort activities is voluntary, and participants assume all risk of injury or illness in connection with participation. Execution of a release may be required as a condition of participation in some activities. Activities are subject to change without prior notice. Our gym and workout classes are for MVC villa guests/owners only.

Fitness & Sport Schedule



TIME	SATURDAY 27th	SUNDAY 28th	MONDAY 29th	TUESDAY 30th	WEDNESDAY 31st	THURSDAY 01st	FRIDAY 02nd
8:00			FreshAir Fitness Gym	Morning Meditation At the well Behind villa 748	Stretch & Relax Group Fitness		
9:00	Pilates Group Fitness	Back Strengthening Group Fitness	Stretch & Relax Group Fitness	Pilates Group Fitness	Nature Yoga 1,5h At the well Behind villa 748	Pilates Group Fitness	Yoga Group Fitness
10:15	30 min ABS express Group Fitness	Circuit Training Group Fitness	Gym Intro Gym	TRX Group Fitness	Aqua Pilates At the pool Beside villa 619	30 min ABS express Group Fitness	Gym Intro Gym
11:30	AquaFit Spa Pool	AquaFit Spa Pool	AquaFit Spa Pool	AquaFit Spa Pool	AquaFit Spa Pool	AquaFit Spa Pool	AquaFit Spa Pool
12:15			Smoothie Detox Spa garden		Smoothie Fruit Spa garden		
14:00	Latin Dance WS Group Fitness	Face Yoga Group Fitness	Feet Relax Lobby	Massage Workshop Group Fitness		Son Antem Club Thrive Tour Explore our resort with our buggy Lobby	Meditation Group Fitness
15:15	Tai Chi At the well Behind villa 748	Meditation Group Fitness					

All fitness/sport programs are for ages 14+, they are complimentary and held in the location specified under the activity name. For questions, please call extension 9700.

Gym Open 24h /7 days.

ASK OUR FRONT DESK TEAM IF YOU WOULD LIKE TO BORROW YOUR INDIVIDUAL TRAININGS EQUIPMENT

Fitness supervisor: Ulrike.Stuemke@vacationclub.com

All activities marked in sky-blue color require reservation. Reservations can be done at Front Desk.



FUEL

With healthy food and beverage options and informative nutritional details, Owners and guests can choose the way they fuel up for their active lifestyles-even while on vacation.



FOCUS

Offerings of physical and sensory experiences help Owners and guests find mental clarity and shift their thoughts to a relaxed state of mind.



FITNESS

Fun cardio, strength and toning classes offer alternatives to standard gym workouts. Owners and guests also can take advantage of suggestions for challenging and invigorating recreational activities at the resort and in the surrounding area.



SPORT EQUIPMENT

Ask our front office team if you would like to borrow your individual training equipment.

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