



**De Lunes a Viernes.
From Monday to Friday.
Montag bis Freitag.**

Spa Reception 09:00 – 15:30 h
Massages 09:15 – 16:30 h

SPA RECEPTION AND MASSAGES INFO:

Please find the opening times at the Spa reception or call AYS.

Mallorca.spa@vacationclub.com Telf: 971129210 Ext. 4019



MARKETPLACE

For a good coffee, a quick bite and all you need for your stay, please find our marketplace open 24h/7 days. Ext 4030



ACTIVITIES CENTER

All children between 4 and 12 years old are welcome at our Activity Centre supervised by our team. Make your reservations at the Front Desk.



PHOTO COMPETITION

Send your best Son Antem picture, before Wednesday with your villa number, to the email:

activitiessonantem@vacationclub.com

Our team will personally contact the winner who will receive a prize!



SPA POOL

The indoor and outdoor spa pool is open daily from 08:00 – 21:00 hrs.

From 8:00 – 11:00 our Indoor pool is reserved only for adults. Kids under 12 years old can enjoy the outdoor pool.

The holistic area open every day from 10:30- 20:00.

Please be aware to bring your pool towel from your villa.



GOLF

36 holes to inspire your Golf experience. Further information available in the Golf Pro Shop, open daily from 7:30 to 19:00.

Junior Golf Camp, Golf lessons, Golf Intro or Range Experience.

+ Info at the pro shop.

Reserve Telf: 971 129200 or Ext Pro Shop 4017/ 4018.

Mallorca.golfclub@vacationclub.com

Resort Activities

ENHANCE YOUR VACATION EXPERIENCE WITH OUR RESORT ACTIVITIES



22nd- 28th February 2025

On your own or in a group, we are happy to offer you the best activities during your stay. Do not hesitate to ask our Activities team for more information by dialling EXT Fitness 9700 or EXT Activities 9703.



SANDCASTLE

Family & kids, send your amazing creative sandcastle photograph, before Friday with your villa number to the email:

activitiessonantem@vacationclub.com

Our team will personally contact you for a cool prize.



LIBRARY SON ANTEM

After the spa reception, books in several languages are available. fully accessible and free.

It's An educational experience.



PERSONAL TRAINING

To improve your wellbeing book your Personal Training session(s) with us today.

For further information contact your Fitness team dialling Ext. 9700



Point your smartphone camera at the QR code to view to view the week's fitness and social schedules.

Participation in resort activities is voluntary, and participants assume all risk of injury or illness in connection with participation. Execution of a release may be required as a condition of participation in some activities. Activities are subject to change without prior notice.

Daily Activity Schedule

TIME	SATURDAY 22nd	SUNDAY 23rd	MONDAY 24th	TUESDAY 25th	WEDNESDAY 26th	THURSDAY 27th	FRIDAY 28th
9:50			Tennis Social Club Tennis Court 2 Find your gaming team and friends & enjoy together.	Tennis Social Club Tennis Court 2 Find your gaming team and friends & enjoy together.	Tennis Social Club Tennis Court 2 Find your gaming team and friends & enjoy together.	Tennis Social Club Tennis Court 2 Find your gaming team and friends & enjoy together.	Tennis Social Club Tennis Court 2 Find your gaming team and friends & enjoy together.
10:00			Painting with Watercolors Activity Center	Play Dough Making Activity Center	Salt Bottle Making Activity Center		
11:00						Nature Walk Lobby	We draw Mandalas Spa Garden
12:00				Family Football Spa Garden		Sjoelback Games Spa Garden	
12:15			Smoothie Time Spa Garden		Smoothie Time Spa Garden		Fruit Skewers Spa Garden
14:00			Golf Intro Min 4 pax Booking Golf shop Meeting Point Driving Range			Intro Pickle Ball Basketball Court	Spanish Class Lobby
15:15	Intro Pickle Ball Basketball Court		Glitter & Makeup Activity Center	Lego Constructions Activity Center	Table Games & puzzle Activity Center	Soap Making 7€/Activity Center	
16:30					Spanish Class Lobby	Mask Making Activity Center	

All activities are for kids ages 4+, are held at the location specified under the activity name. All activities require parent supervision. For questions call extension 9703.

Activity Supervisor: Cristina.mirferrer@vacationclub.com

All activities highlighted in sky-blue color require booking in advance. Fee-based time of booking. Reservations can be made at Front Desk. Our classes are subject to modification or cancellation due to adverse weather.

Featured Events & Social Experiences

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Participation in resort activities is voluntary, and participants assume all risk of injury or illness in connection with participation. Execution of a release may be required as a condition of participation in some activities. Activities are subject to change without prior notice. Our gym and workout classes are for MVC villa guests/owners only

Fitness & Sport Schedule

TIME	SATURDAY 22nd	SUNDAY 23rd	MONDAY 24th	TUESDAY 25th	WEDNESDAY 26th	THURSDAY 27th	FRIDAY 28th
9:00	Pilates Group Fitness		Stretch & Relax Group Fitness	Pilates Group Fitness	Back Strengthening Group Fitness	Circuit Training Group Fitness	Stretch & Relax Group Fitness
10:15	Nature Exercise Path Golf Caddies		ABS Express Group Fitness	TRX Group Fitness	ABS Express Group Fitness	Nature Exercise Path Golf Caddies	TRX Group Fitness
11:30	Body Toning Group Fitness		AquaFIT Spa Pool	Nature Exercise Path Golf Caddies	AquaFIT Spa Pool	Pilates Group Fitness	AquaFIT Spa Pool
12:15			Smoothie Time Spa Garden		Smoothie Time Spa Garden		Fruit Skewers Spa Garden
14:00	Tai Chi Group Fitness		What's on meeting Lobby	Back&Posture Group Fitness	Massage Workshop Group Fitness	Intro Pickle Ball Basketball Court	
15:15	Intro Pickle Ball Basketball Court		Face Yoga Group Fitness	Intro Pickle Ball Basketball Court	Tai Chi Group Fitness	Meditation Group Fitness	Feet Relax Lobby

All fitness/sport programs are for ages 14+, they are complimentary and held in the location specified under the activity name.

For questions, please call extension 9700.

Gym Open 24h /7 days.

ASK OUR FRONT DESK TEAM IF YOU WOULD LIKE TO BORROW YOUR INDIVIDUAL TRAININGS EQUIPMENT

Fitness supervisor: Ulrike.Stuemke@vacationclub.com

All activities marked in sky-blue color require reservation. Reservations can be done at Front Desk.



FUEL

With healthy food and beverage options and informative nutritional details, Owners and guests can choose the way they fuel up for their active lifestyles—even while on vacation.



FOCUS

Offerings of physical and sensory experiences help Owners and guests find mental clarity and shift their thoughts to a relaxed state of mind.



FITNESS

Fun cardio, strength and toning classes offer alternatives to standard gym workouts. Owners and guests also can take advantage of suggestions for challenging and invigorating recreational activities at the resort and in the surrounding area.



SPORT EQUIPMENT

Ask our front office team if you would like to borrow your individual training equipment.

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