



De lunes a domingo.
From monday to sunday.
Montag bis Sonntag.

Massages 10:15 – 17:45 h

SPA RECEPTION AND MESSAGES INFO:

Please find the opening times at the Spa reception or call AYS.

Mallorca.spa@vacationclub.com Telf: 971129210 Ext. 4019



MARKETPLACE & LA TERRASSA

For a good coffee, a quick bite and all you need for your stay, please find our marketplace open 24h/7 days. Ext 4030
Our Owners cocktail every Tuesday at la Terrassa.



ACTIVITIES CENTER

All children between 4 and 12 years old are welcome at our Activity Centre supervised by our team.
Make your reservations at the Front Desk.



PHOTO COMPETITION

Send your best Son Antem picture, before Wednesday with your villa number, to the email:
activitiessonantem@vacationclub.com
Our team will personally contact the winner who will receive a prize!



SPA POOL

The indoor and outdoor spa pool is open daily from 08:00 – 21:00 hrs.
From 8:00 – 11:00 our Indoor pool is reserved only for adults.
Kids under 12 years old can enjoy the outdoor pool.
The holistic area open every day from 10:30- 20:00.
Please be aware to bring your pool towel from your villa.



SON ANTEM ACTIVITIES & FITNESS TEAM

Manager :Jeffrey Woudenberg.
Activities Supervisor: Cristina Mir.
Activities Coordinators:
Marina Flores & Izan Fernández & Ethan Molina.
Fitness Supervisor: Ulrike Stuemke.
Fitness Trainers:
Natalia Pancot & Freddy Castro & Bernd Boecken.

Participation in resort activities is voluntary, and participants assume all risk of injury or illness in connection with participation. Execution of a release may be required as a condition of participation in some activities. Activities are subject to change without prior notice.

Resort Activities

ENHANCE YOUR VACATION EXPERIENCE WITH OUR
RESORT ACTIVITIES



25th – 31st October 2025

On your own or in a group, we are happy to offer you the best activities during your stay. Do not hesitate to ask our Activities Team for more information by dialling AtYourService(0) to connect with EXT Activities 9703 or EXT Fitness 9700.



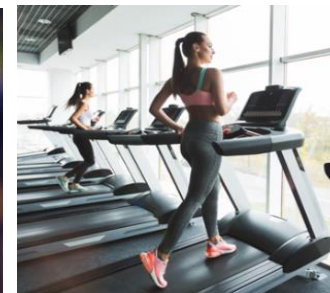
SANDCASTLE

Family & kids, send your amazing creative sandcastle photograph, before Friday with your villa number to the email:
activitiessonantem@vacationclub.com
Our team will personally contact you for a cool prize.



BOOK STATION

Pass our spa reception and you will find our book station.
Available in multiple languages.



THRIVE

Gym
Open 24 h/7 days.
For further information contact your Fitness team dialling Ext. 9700.



Point your smartphone camera at the QR code to view to view the week's fitness and social schedules.

Children Activities Schedule (4-12 years)

TIME	SATURDAY 25th	SUNDAY 26th	MONDAY 27th	TUESDAY 28th	WEDNESDAY 29th	THURSDAY 30th	FRIDAY 31st
10:15	Football Match Spa Garden		Tennis Match Tennis Court 2 Min 2 pax Age 7-12 yrs old		Horror Hunting Lobby		
11:00	Wii Games&draw Activity Center	Mask Making Spa Garden	Halloween Art&craft Spa Garden	Halloween Cookies Activity Center		Candy Bag Creation Spa Garden	
12:15	Halloween Mandalas Drawing Spa Garden					Design Tattoos Spa Garden	Halloween Dark Bingo Spa Garden
14:00				Soap Making 7€/Activity Center	T-shirt Painting 10€/Spa Garden	Halloween Donuts Tasting 7€/Spa Garden	
15:15	Halloween Donuts Tasting 7€/Spa Garden	Bingo Spa Garden			Pumpkin Curving Lobby		
16:00	Lego Making Spa Garden	Football Match Spa Garden	Jewelry Creations Spa Garden	Halloween Fruits skewers Spa Garden		Halloween Family AquaDance Spa Pool	Halloween Face Painting Lobby

Adults Activities Schedule (+ 13 years old)

TIME	SATURDAY 25th	SUNDAY 26th	MONDAY 27th	TUESDAY 28th	WEDNESDAY 29th	THURSDAY 30th	FRIDAY 31st
09:15			Tennis Match Tennis Court 2 Min 2 pax Age Adults				
10:15	Intro Pickle Ball Basketball Court	Intro Pickle Ball Basketball Court		Intro Pickle Ball Basketball Court			
12:15	Halloween Mandalas Drawing Spa Garden						Halloween Dark Bingo Spa Garden
14:00			Spanish Class Lobby	Soap Making 7€/Activity Center		Halloween Donuts Tasting 7€/Spa Garden	
15:15	Halloween Donuts Tasting 7€/Spa Garden	Bingo Spa Garden		Petanque Spa Garden	Pumpkin Curving Lobby		
16:00		Football Match Spa Garden	Halloween Jewelry Creation Spa Garden	Halloween Fruits skewers Spa Garden		Halloween Family AquaDance Spa Pool	Halloween Face Painting Lobby

Featured Events & Social Experiences

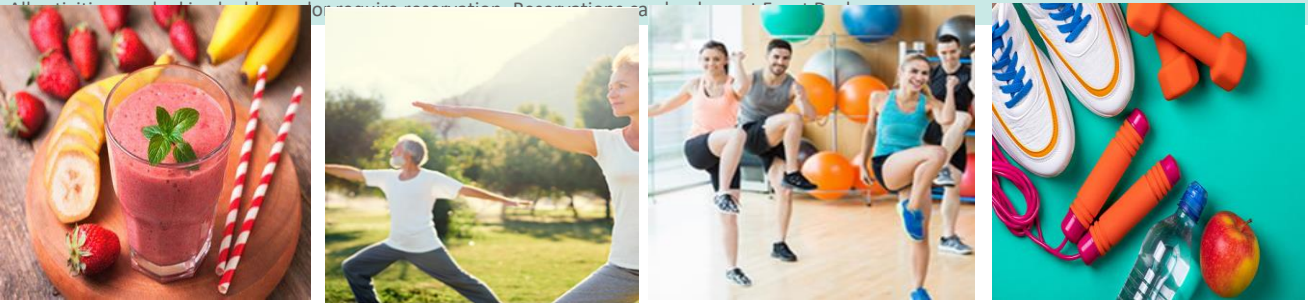
SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19:30 Live Music . La Terrassa.	12:15 Halloween Surprise Delight. Spa Garden 15:15 Bingo Spa Garden	12:15 Halloween Surprise Delight Smoothie. Spa Garden 17:15 Georgii Clown Show. Spa Garden	16:30 Prebooking Owners Cocktail event (only for Son Antem owners) DJ live music. La Terrassa. 17:30 Birds of Prey. La Terrassa.	12:15 Halloween Surprise Delight Smoothie. Spa Garden	15:30 Intro to Pickle Ball Basketball Court. 17:00 Halloween 80's Party Spa Pool .	12:15 Halloween Dark Bingo Spa Garden 17:00 Halloween Party. Ask for all activities Lobby.

Fitness & Sport Schedule

TIME	SATURDAY 25th	SUNDAY 26th	MONDAY 27th	TUESDAY 28th	WEDNESDAY 29th	THURSDAY 30th	FRIDAY 31st
8:00	Stretch & Relax Gym	Pilates Gym		Stretch & Relax Gym			
9:00	Dance Fit Gym	Fit Circuit Training Gym	Flow Yoga Gym	Nature Exercise Path Golf Caddies	Flow Yoga Gym	Fit Body Toning Gym	Flow Yoga Gym
10:15	Intro Pickle Ball Basketball Court	Fit TRX Gym	Pilates Gym	Dance Fit Gym	Fit Body Toning Gym	Pilates Gym	Back & Posture Gym
11:30	AquaFIT Spa Pool	AquaFIT Spa Pool	AquaFIT Spa Pool	AquaFIT Spa Pool	AquaFIT Spa Pool	AquaFIT Spa Pool	Halloween AquaFIT Spa Pool
12:15			Surprise Delight Smoothie. Spa Garden		Surprise Delight Smoothie. Spa Garden		
14:15	Back Strengthening Gym	Meditation Gym	What's on meeting Lobby	Back Strengthening Gym		Son Antem Club Thrive Tour Explore your resort With our buggy Lobby	Nature Exercise Path Golf Caddies
15:30	Tai Chi Gym		Nature Exercise Path Golf Caddies	Face Yoga Gym	Pilates Gym	Intro Pickle Ball Basketball Court	Feet Relax Gym
17:00			Fit TRX Gym		Fit Circuit Training Gym		

All fitness/sport programs are for ages 14+, they are complimentary and held in the location specified under the activity name.
For questions, please call extension 9700.
Gym Open 24h /7 days.

ASK OUR FRONT DESK TEAM IF YOU WOULD LIKE TO BORROW YOUR INDIVIDUAL TRAINING EQUIPMENT
Fitness supervisor: Ulrike.Stuemke@vacationclub.com



FUEL

With healthy food and beverage options and informative nutritional details, Owners and guests can choose the way they fuel up for their active lifestyles-even while on vacation.

FOCUS

Offerings of physical and sensory experiences help Owners and guests find mental clarity and shift their thoughts to a relaxed state of mind.

FITNESS

Fun cardio, strength and toning classes offer alternatives to standard gym workouts. Owners and guests also can take advantage of suggestions for challenging and invigorating recreational activities at the resort and in the surrounding area.

SPORT EQUIPMENT

Ask our front office team if you would like to borrow your individual training equipment.

Participation in resort activities is voluntary, and participants assume all risk of injury or illness in connection with participation.
Execution of a release may be required as a condition of participation in some activities.
Activities are subject to change without prior notice. Our gym and workout classes are for MVC villa guests/owners only.