



De lunes a domingo.
From monday to sunday.
Montag bis Sonntag.

Massages 10:15 – 17:45 h

SPA RECEPTION AND MESSAGES INFO:

Please find the opening times at the Spa reception or call AYS.

Mallorca.spa@vacationclub.com Telf: 971129210 Ext. 4019



MARKETPLACE & LA TERRASSA

For a good coffee, a quick bite and all you need for your stay, please find our marketplace open 24h/7 days. Ext 4030
Our Owners cocktail every Tuesday at la Terrassa.



ACTIVITIES CENTER

All children between 4 and 12 years old are welcome at our Activity Centre supervised by our team.
Make your reservations at the Front Desk.



PHOTO COMPETITION

Send your best Son Antem picture, before Wednesday with your villa number, to the email:
activitiessonantem@vacationclub.com
Our team will personally contact the winner who will receive a prize!



SPA POOL

The indoor and outdoor spa pool is open daily from 08:00 – 21:00 hrs.
From 8:00 – 11:00 our Indoor pool is reserved only for adults.
Kids under 12 years old can enjoy the outdoor pool.
The holistic area open every day from 10:30- 20:00.
Please be aware to bring your pool towel from your villa.



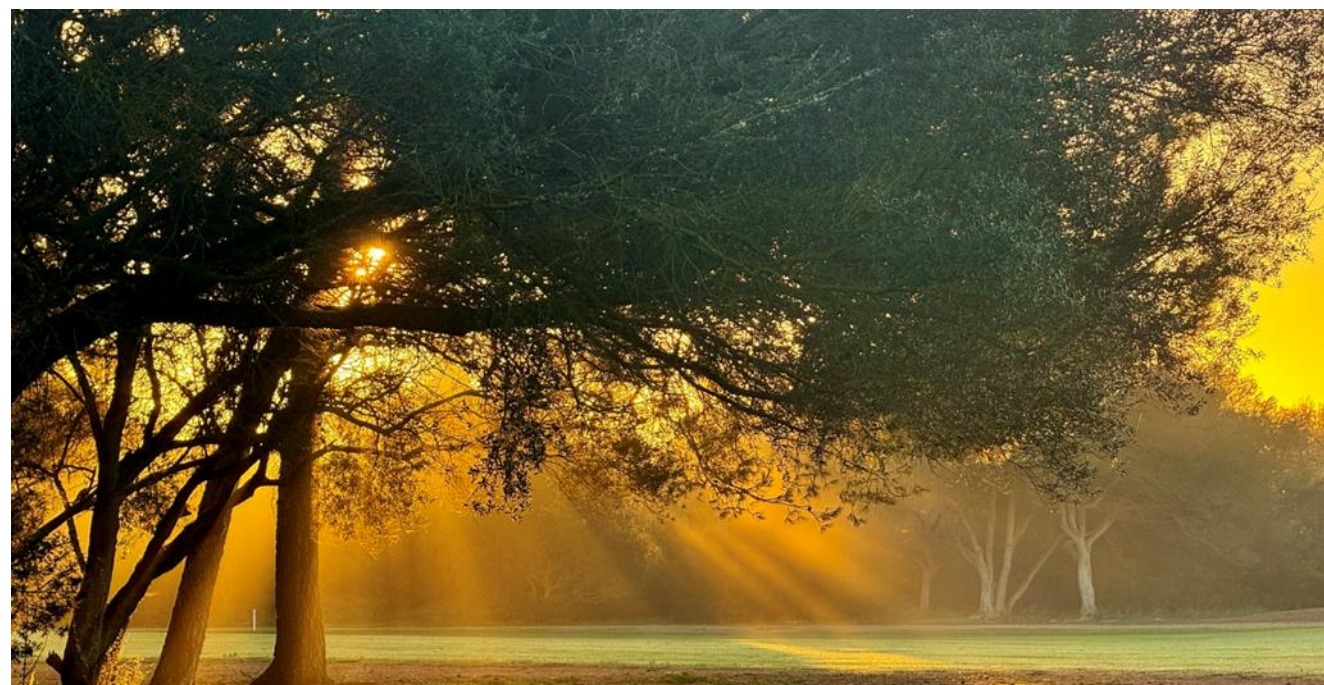
SON ANTEM ACTIVITIES & FITNESS TEAM

Manager :Jeffrey Woudenberg.
Activities Supervisor: Cristina Mir.
Activities Coordinators:
Marina Flores & Ethan Molina.
Fitness Supervisor: Ulrike Stuemke.
Fitness Trainers:
Natalia Pancot & Freddy Castro & Bernd Boecken.

Participation in resort activities is voluntary, and participants assume all risk of injury or illness in connection with participation. Execution of a release may be required as a condition of participation in some activities. Activities are subject to change without prior notice.

Resort Activities

ENHANCE YOUR VACATION EXPERIENCE WITH OUR
RESORT ACTIVITIES



06th - 12th December 2025

On your own or in a group, we are happy to offer you the best activities during your stay. Do not hesitate to ask our Activities team for more information by dialling ASY (0) to connect with EXT Fitness 9700 or EXT Activities 9703.



CHRISTMAS DELIGHTS at SA TERRASSETA

From Wednesday until
Sunday from 5 pm until 7
pm.

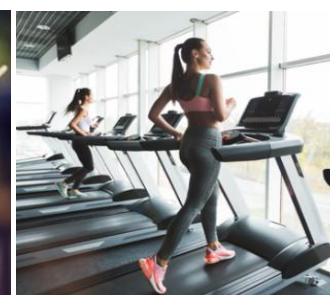
Hot chocolate
Churros
Pretzels
Gluhwein

The best spirit of Christmas.



BOOK STATION

Pass our spa reception and you
will find our book station.
Available in multiple
languages.



THRIVE

Gym
Open 24 h/7 days.
For further information
contact your Fitness team
dialling Ext. 9700.



Point your smartphone
camera at the QR code
to view to view the
week's fitness and
social schedules.

Children Activities Schedule (4-12 years)

TIME	SATURDAY 06th	SUNDAY 07th	MONDAY 08th	TUESDAY 09th	WEDNESDAY 10th	THURSDAY 11th	FRIDAY 12th
10:15	Football Match Spa Garden		Indoor Games Activity Center		Indoor Games Activity Center	Indoor Games Activity Center	Finger Painting Activity Center
11:00	Wii Games&draw Activity Center	Indoor Games Activity Center		Santa Letter Writing Spa Garden	Mask Making Spa Garden	Play Dough Creation Spa Garden	Football Match Spa Garden
12:15	Mandalas Drawing Spa Garden	Lego Making Spa Garden		Nature Walk Tour Lobby /Max 6		Naure Walk Tour Lobby /Max 6	Fruits Skewers Spa Garden
14:00					T-shirt Painting 10€/Spa Garden		
15:15	Face Painting Lobby	Bingo Spa Garden		Soap Making 7€/Activity Center		Pancake Tasting 7€/Spa Garden	Basketball Match Basketball Basketball Court
16:00		Tattoos Spa Garden	Jewelry creation Spa Garden	Fruits Skewers Spa Garden		Table Games Spa Garden	

Adults Activities Schedule (+ 13 years old)

TIME	SATURDAY 06th	SUNDAY 07th	MONDAY 08th	TUESDAY 09th	WEDNESDAY 10th	THURSDAY 11th	FRIDAY 12th
09:15			Tennis Match Tennis Court 2 Min 2 pax Age Adults				
10:15		Intro Pickle Ball Basketball Court		Intro Pickle Ball Basketball Court		Football Match Spa Garden	
11:00			Acrylic painting 10€/ Activity Center				
12:15	Mandalas Drawing Spa Garden			Nature Walk Tour Lobby /Max 6		Nature Walk Tour Lobby /Max 6	
14:00			Spanish Class Lobby	Petanque Spa Garden	T-shirt Painting 10€/Spa Garden		
15:15		Bingo Spa Garden	Petanque Spa Garden	Soap Making 7€/Activity Center			Basketball Match Basketball Court
16:00		Table Tennis Spa Garden		Fruits skewers Spa Garden	Spanish Class Lobby	Table Games Spa Garden	

Featured Events & Social Experiences

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11:30 Intro Pickle Ball Basketball Court	15:15 Bingo Spa Garden	12:15 Surprise Delight Smoothie. Spa Garden		12:15 Surprise Delight Smoothie. Spa Garden	15:30 Intro Pickle Ball Basketball Court	15:15 Basketball Match Basketball Court

Participation in resort activities is voluntary, and participants assume all risk of injury or illness in connection with participation.
Execution of a release may be required as a condition of participation in some activities.
Activities are subject to change without prior notice. Our gym and workout classes are for MVC villa guests/owners only

Fitness & Sport Schedule

TIME	SATURDAY 06th	SUNDAY 07th	MONDAY 08th	TUESDAY 09th	WEDNESDAY 10th	THURSDAY 11th	FRIDAY 12th
8:00			Pilates Gym	Golf Mobility Gym			
9:00	Stretch & Relax Gym	Pilates Gym	Flow Yoga Gym	Stretch & Relax Gym	Flow Yoga Gym	Fit Body Tonning Gym	Flow Yoga Gym
10:15	Dance Fit Gym	Fit Circuit Training Gym	Stretch & Relax Gym	Pilates Gym	Fit TRX Gym	Pilates Gym	Fit TRX Gym
11:30	AquaFIT Spa Pool	Nature Exercise Path Golf Caddies	AquaFIT Spa Pool	Nature Exercise Path Golf Caddies	AquaFIT Spa Pool	Dance Fit Gym	AquaFIT Spa Pool
12:15			Surprise Delight Smoothie. Spa Garden		Surprise Delight Smoothie. Spa Garden		
14:15	Back Strengthening Gym		What's on meeting Lobby	Feet Relax Gym	Nature Exercise Path Golf Caddies	X-co Walking Gym	ABS express Gym
15:30	Tai Chi Gym			Tai Chi Gym	Pilates Gym	Intro Pickle Ball Basketball Court	

All fitness/sport programs are for ages 14+, they are complimentary and held in the location specified under the activity name.
For questions, please call extension 9700.
Gym Open 24h /7 days.

ASK OUR FRONT DESK TEAM IF YOU WOULD LIKE TO BORROW YOUR INDIVIDUAL TRAINING EQUIPMENT
Fitness supervisor: Ulrike.Stuemke@vacationclub.com

All activities marked in sky-blue color require reservation. Reservations can be done at Front Desk.



FUEL

With healthy food and beverage options and informative nutritional details, Owners and guests can choose the way they fuel up for their active lifestyles-even while on vacation.



FOCUS

Offerings of physical and sensory experiences help Owners and guests find mental clarity and shift their thoughts to a relaxed state of mind.



FITNESS

Fun cardio, strength and toning classes offer alternatives to standard gym workouts. Owners and guests also can take advantage of suggestions for challenging and invigorating recreational activities at the resort and in the surrounding area.



SPORT EQUIPMENT

Ask our front office team if you would like to borrow your individual training equipment.

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